

**AP Psychology**  
**Summer Assignment**

**What is Psychology?**

For your this summer assignment, you have an opportunity to start at the very beginning” and answer the question,

***“What is Psychology?”***

AP Psychology is probably one of those classes you might’ve put on your schedule without quite knowing what you were taking. When you selected AP World History or AP US History, you pretty much knew what you were going to learn. With Psychology, it might be a bit fuzzier, so let’s add some clarity before we get started together next school year. Instead of answering this question in a paper, you are to use both hemispheres of your brain (left- analytical & right- spatial/creative) and answer it in a unique way.

Your Task:

You are to research and read about psychology. (You may want to do the other summer assignments before starting this one so you have some basic knowledge.) Look through a textbook, watch some TED Talks on psychology, look through some articles, and simply just observe human behavior and interaction.

Once you feel you have a good understanding of what psychology is you need to express your understanding by creating something that you feel represents what psychology is and what it focuses on. You can create just about anything. I am not even going to give you examples because you need to answer this question in the most unique way and from your perspective. **(It cannot be a paper, essay, or PowerPoint.)**

Guideline:

1. Must be school appropriate.
2. Must be something that you put time, thought, effort and creativity into.
3. Must be something that will impress me and shows the ingenuity of an AP Psycho student. (Remember this will be my first impression of who you are as a student and a person.)
4. Must be accompanied with a brief typed & professional explanation. 5. My email address is: [Joshua.lopez@detroitk12.org](mailto:Joshua.lopez@detroitk12.org) if you need any help or guidance.

To give you a little bit of a head start here is a basic definition.

**Psychology:** the scientific study of human behavior and mental processes.